

# ABSTRACT

A visceral fat determining device is disclosed which can be used easily at home for example and can obtain information on visceral fat. The visceral fat determining device  
5 comprises: input means for inputting personal data that represents vital characteristics of the patient; a data processing unit capable of performing various calculations; and a display device capable of displaying the personal data and results of the calculations. Upon inputting of a waist  
10 size which is a girth of trunk of the patient, and a hip size which is a girth of buttocks of the patient, quantitative information on abdominal visceral fat of the patient is given through a calculation based on WHR which is a ratio of the waist size to the hip size (waist size/hip size).

15